

## Circumferences:

### Below knee



**cA - circumference of the forefoot**  
Measure behind the ball of the foot and behind the base of the small toe.



**cB - ankle circumference**  
Measure above the ankle (smallest circumference).



**cB1 - circumference of the lower calf**  
Measure at the lower calf, i.e. the origin of the Achilles tendon.



**cY - circumference around the heel and the instep**  
Measure around the heel and instep at maximum dorsiflexion.



**cC - circumference of the calf**  
Measure around the largest calf circumference.



**cD - circumference below the knee**  
Measure around the narrowest part below the knee approx. 2-3 cm below the pit of the knee.

### Thigh length stockings

Measurements in addition to the basic measurements for knee socks



**cE - circumference at the middle of the knee**  
Measure around the patella and pit of the knee with the knee slightly bent.



**cF - circumference at the middle of the thigh**  
Measure approx. 12-14 cm above the knee.



**cG - circumference at the top of the thigh**  
Measure approx. 5 cm below the crotch **IK**.

### Pantyhose

Measurements in addition to the basic measurements for knee and thigh length stockings



**cH - hip circumference**  
Measure around the widest part of the hips.



**cT - waist circumference**  
Measure above the waist.

## Lengths:

### Below knee



**Length A**  
**length of the foot for styles with an open toe**  
Measure from the back of the heel to behind the ball of the foot.



**Length B**  
Measure from the lower border of the heel to the level of the **B** circumference.



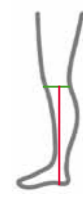
**Length B1**  
Measure from the lower border of the heel to the level of the **B1** circumference.



**Length Z**  
**length of the foot for styles with a closed toe**  
Measure from the back of the heel to the tip of the large toe.



**Length C**  
Measure from the lower border of the heel up to the level of the **C** circumference



**Length D**  
Measure from the lower border of the heel up to the level of the **D** circumference.

### Thigh length stockings

Measurements in addition to the basic measurements for knee socks



**Length E**  
Measure from the lower border of the heel to the level of the **E** circumference with the leg held straight.



**Length F**  
Measure from the lower border of the heel up to the level of the **F** circumference (length incl. topband).



**Length G**  
Measure from the lower border of the heel up to the level of the **G** circumference (length incl. tricot border or topband).

### Pantyhose

Measurements in addition to the basic measurements for knee and thigh length stockings



**Length K**  
Measure from the lower border of the heel up to the crotch (stride length).



**Length T**  
Measure from the lower border of the heel up to the waist.



**Length GT, front**  
Length from the crotch up to the waist.

**Length GT, rear**  
Length from the buttocks up to the waist.