

Is Your First Aid Kit Fully Compliant?



Protect Your Team—Stay Prepared and Up to Date

A First Aid Kit is a commitment to the safety and wellbeing of everyone in your workplace. The Health & Safety Authority mandates that all workplaces maintain a suitably stocked and compliant First Aid Kit. But beyond following regulations, having the right supplies on hand means you're truly ready to respond in any emergency.

When was the last time you checked your kit? Are you certain it's complete and up to date with HSA-approved contents? To help you stay compliant and ensure your team's safety, we've put together a straightforward First Aid Checklist. Review the list below, ensure your supplies are current, and send it to us for a quick, competitive quote on any items you might need.

CONTENTS	TRAVEL KITS	1 - 10 PAX	11 - 25 PAX	26 - 50 PAX	ORDER QTY
INDIVIDUALLY WRAPPED STERILE PLASTERS - ASSORTED SIZES	20	20	20	40	
STERILE EYE PADS (NO. 16)	2	2	2	4	
INDIVIDUALLY WRAPPED TRIANGULAR BANDAGE	2	2	6	6	
STERILE WOUND DRESSING - MEDIUM (NO 8) 10CM X 8CM	1	2	2	4	
STERILE WOUND DRESSING - LARGE (NO 9) 13CM X 9CM	1	2	6	8	
STERILE WOUND DRESSING - EXTRA LARGE (NO 3) 28CM X 17.5CM	1	2	3	4	
DISINFECTANT /CLEANSING WIPE	10	10	20	40	
TUFF CUT SHEARS	1	1	1	1	
CREPE BANDAGE - 7.5CM X 4 M	1	1	2	3	
STERILE WATER 500ML	-	1	2	2	
STERILE WATER 20ML	2	-	-	-	
BURN DRESSING - 10CM X 10 CM	1	1	1	1	
BURN DRESSING - 20CM X 20CM	1	1	1	1	
EXAMINATION GLOVES	3	5	10	1	
FOIL BLANKET	1	1	1	1	
VOMIT BAG	2	2	2	2	
MOUTH SHIELD FOR CPR	1	1	1	1	
PEN TORCH	1	1	1	1	
6 PACK OF SAFETY PINS	1	1	1	1	

Automated External Defibrillators (AEDs)

The provision of automated external defibrillators (AEDs) in workplaces to prevent sudden cardiac death should be considered. As mentioned in the Guidance related to Regulation 163(a), early defibrillation using an AED is one of the vital links in the “chain of survival”. Ideally, wherever there is an occupational firstaider(s) in a workplace, provision of an AED should be considered. The training of other employees who are not occupational first-aiders in the use of AEDs is also encouraged.

Whereas it may be practicable and desirable to have an AED in every workplace, due to cost considerations it would be unreasonable to expect all employers (especially small and medium-sized Guide to the Safety, Health and Welfare at Work (General Application) enterprises (SMEs)) to have one on their premises, even if there is an occupational first-aider present. These costs not only include the purchase price but also the cost of maintenance of the equipment and refresher training for those trained in how to use AEDs.

However, different employers at the same location, such as in shopping centres and small business enterprise centres, where relatively large numbers of employees or other persons are likely to be habitually present, might find it feasible to co-operate in the provision of shared AED equipment, training and assistance.