



Instant relief for knocks, bruises, sprains and sports injuries.
Relieve frostbite in cold season, or arthritis in wet weather. Improve blood circulation.
This product can be customized in accordance with any sample size.



How to Use

Firmly squeeze the pouch to activate the heat
The compress will heat instantly and maintain warmth for 15 to 30 minutes
Reaches an approximate temperature of 130°F (54°C)

Product Characteristics

Self-heating design—no external heat source required
Portable and easy to use anytime hot therapy is needed
Ideal for muscle aches, joint stiffness, or outdoor use

Item Number	52000-SINGLE
Dimensions	15.2 * 22.2cm
Weight	247g
Material	PE & Nylon